FIGURE 2: FOOD KNOWLEDGE, ATTITUDES AND BEHAVIOR ASSESSED BY QUESTIONNAIRES

WHICH FOOD WOULD YOU ASK FOR? ........ FROZEN YOGURT

YEAR 1 (2ND GRADE)

YEAR 2 (3RD GRADE)

2 YEARS IN PROGRAM

WHICH FOOD IS BETTER FOR YOUR HEALTH? ........ FROZEN YOGURT

WHAT I AM LIKE - I AM NOT FAT

WHAT I AM LIKE - I WISH I WAS THINNER

Data are mean % of children selecting the answer.
Left hand panel shows the change during year 1, the middle panel shows the changes during year 2, and the right hand panel shows the changes in the children in the program for two years. The open bars are the intervention school, while the closed bars are the control school. * indicates significant difference in responses between intervention and control schools.